

Here's What's Happening at the Partnership!

Who We Are...

The Partnership for Children of Wayne County, Inc. is a non-profit organization designed to provide programs and services for families and children in Wayne County, North Carolina. We build partnerships with families and the community to create a comprehensive system of early care and education. In doing so, our community leads the way in building a brighter future for all of North Carolina.

Some Thoughts from our Board Member,

Brenna Wolfe, RN, BSN

"This will all make sense when I am older,
Someday I will see that this makes sense,
One day, when I'm old and wise
I'll think back and realize
That these were all completely normal events
I'll have all the answers when I'm older"
~~Olaf, Frozen 2



It's hard, currently, to rationalize how any of our current situations make sense but hopefully when we are all older and wiser we will understand. COVID-19 (Coronavirus) has every one on pins and needles. Especially those with stress and anxiety and children. Below I have included some information on talking to kids about COVID-19 and also decreasing your own anxieties & stress surrounding the virus.

Stress & Anxiety:

According to the NC Department and Health & Human Services, adults suffering from anxiety and stress need to make sure they are prioritizing their overall wellness and taking steps to

reduce stress and anxiety. Common sense methods to decrease stress, depression, and anxiety during this time would be to limit viewing news coverage about the COVID-19(Coronavirus), limiting social media, going outside for a walk, reading, crafting, the list goes on and on.

Below is a list from the American Psychological Association for tips to reduce stress and anxiety during this time.

***Keep things in perspective** – Take a deep breath and remind yourself that most people who contract COVID-19 will only experience mild symptoms.

***Get the facts** – You will want to verify information that you receive from family, friends, or social media.

***Keep connected** – maintaining social networks can foster a sense of normality and provide valuable outlets for sharing feelings and relieving stress. Use your phone, texts, social media platforms, and video chatting.

***Seek additional help** – Individuals who feel an overwhelming nervousness, a lingering sadness, or other prolonged reactions that adversely affect their job performance or relationships should consult with a trained professional. [i]

Talking with Children about COVID-19(Coronavirus):

Children have been taken out of their every day routines and placed, for the most part, in their homes with little to no contact with their daycare/school friends. As many seem to enjoy the break, deep down they do miss the socialization, the structure, the learning, their teachers at their educational settings.

Children feed off our anxieties and worries. Try to limit screen time for children and distance them as much as possible from social media. They are not old enough to understand the difference between reputable informational sources.

Some tips from the NC Department of Health and Human Services for talking to kids about COVID-19 are as follows:

***Be calm & reassuring** – Remember children will react to both what you say and how you say it. Reassure them that the adults in their lives are doing their best to protect them, while nurses, doctors, and scientists are looking for ways to keep everyone safe from the virus.

***Listen & let kids ask questions** – make sure children know they can come to you with questions.

***Avoid language that blames others** – remember that viruses can make anyone sick, regardless of race, religion, age, ethnicity.

***Teach actions to reduce spread of germs** – remind children to quickly dispose of used tissues, teach them to cough and sneeze into their arm, and teach them to wash their hands appropriately and at the appropriate times. [ii]

Resources for Stress & Anxiety:

1. Optum 24 hour Emotional Support Help Line #1-866-342-6892
2. National Disaster Distress Helpline #1-800-985-5990 – offering crisis counseling and emotional support
3. The Hopeline #919-231-4525 or #1-877-235-4525
4. The National Child Traumatic Stress Network – website: www.nctsn.org

Resources for COVID-19(Coronavirus) Information:

1. Center for Disease Control(CDC) – website: www.cdc.gov
2. NC Department of Health & Human Services (NCDHHS) – website: www.ncdhhs.gov
3. World Health Organization (WHO) – website: www.who.int

[i] American Psychological Association. “Five Ways to View Coverage of the Coronavirus”www.apa.org

[ii] North Carolina Department of Health & Human Services. “Talking to Kids About #COVID19.”

www.ncdhhs.gov



This week is designated the “Week of the Young Child”, an annual celebration sponsored by the National Association for the Education of Young Children (NAEYC) to encourage movement and healthy lifestyles through music, food and art.

This is a great opportunity for our community to focus attention on early childhood learning and the programs and services that help children succeed in school and in Life!

For more information, visit NAEYC’s website:
<https://www.naeyc.org/events/woyc/faq>

Are you an essential NC
worker in need of child
care?

To find options for
infants through age 12...

Call 1-888-600-1685
(8 am - 5 pm Weekdays)

You may be
eligible for
financial assistance.



Call 1-888-600-1685





To #NeighborhoodHeroes like Great Harvest Bread for feeding 3 child care centers in less than two weeks...

And all our child care centers are #NeighborhoodHeroes for staying open to support the child care needs of essential personnel during this time of crisis!

IMPORTANT!!

The Center for Disease Control recently changed their guidelines. Face masks should NOT be placed on children under the age of 2 or anyone who is not able to remove a mask by themselves.



Children over the age of 2 should be wearing a face covering when in public.

(For tips on answering your child's questions about why people are wearing face masks, visit this ZTT resource:

<https://bit.ly/2RiNUU0>)



Tune In Daily to “Partnership Pointers”
on the Partnership’s Facebook and Instagram
sites.

We hope these tips will be helpful to parents
and all care givers of young children.

Have a topic you’d like covered?
Email csmith@pfcw.org!



CLEANING SUPPLY DRIVE



Our childcare centers desperately need cleaning supplies:

**CLOROX WIPES
DISINFECTANT SPRAY
FOREHEAD THERMOMETERS
BABY WIPES
HAND SANITIZER
HAND & DISH SOAP
TOILET PAPER**

**FACIAL TISSUE
SPRAY BOTTLES
FLOOR CLEANER
BLEACH
WASH RAGS
GLOVES
PAPER TOWELS**

**Please drop unopened supplies in the drop-box
in front of Partnership for Children located at 800 N. William St.**

**Our sincere thanks to all those who have already
donated items for the local child care centers and have
played such a big part in keeping our children safe!**

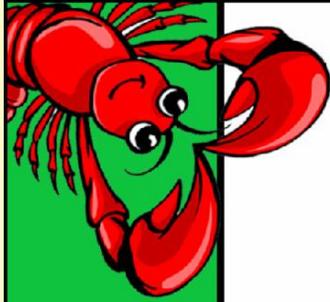


Although our office is closed due to health concerns related to COVID-19, we are still accepting NC Pre-K applications.

These are available online at pfcw.org. At a minimum we need your child's birth certificate and proof of one month's income from any parents living in the home. These can be mailed to 800 N. William St., Goldsboro, NC 27530 OR emailed to: swillis@pfcw.org.

Please call 919-735-3371 (ext. 235) if you have any questions.





Due to increasing health concerns related to COVID-19, we have cancelled all events and have halted all site visits, home visits and trainings.



Until we have a clear picture of how things will pan out...



The Partnership's **Lobster & Shrimp Fest** has been postponed to a later date, to be determined.



We are hoping to be able to set a date in the near future. Thank you for your support of the Partnership and please keep yourself safe in these uncertain times!





Did you know that you can donate to the Wayne County Partnership for Children... **without spending an extra penny...** whenever you place an order on Amazon!

The Partnership is a participant in AmazonSmile. The website features all the **same products** and **same prices** as Amazon, is operated by Amazon, but gives the charitable organization of your choice 0.5% of your purchase price.

It's easy to do, just visit www.smile.amazon.com and search for, then select Wayne County Partnership for Children, Inc. as your organization of choice.

It's as simple as that. The AmazonSmile Foundation will automatically send your donation along to us!

**Bet You don't know
EVERYTHING the
Partnership does for the
children of Wayne
County...**

Visit www.pfcw.org and review all of our wonderful programs. **We think you'll be surprised!**



The Partnership for Children of
Wayne County | www.pfcw.org

