



Updated OCTOBER 2021 VIRTUAL ONLY TRAINING CALENDAR



VIRTUAL CLASSES BELOW:

Date/ Time	Training Title	Description of Training	Hrs	Cost
Tuesday 10/5/21 6:30-8 p.m.	SACERS-U for After-Schoolers' Classroom Environments	Want more information about the School Age Care Environment Rating Scale? Want to improve your Environment? Come and join us as we learn about the following: Space and Furnishings, Health and Safety, Activities, Interactions, Program Structure, Staff Development, And Special Needs. Educators will incorporate NCFELD (Foundations) domains/sub-domains, goals/indicators as it relates to SACERS-U topic. VIRTUAL ONLY	1.5 hr	\$5
Monday 10/11/21 6:30-8 p.m.	Nibbles for Health and Nutrition	Did you know that meals and snacks served through the CACFP help give preschoolers the nutrients they need to learn, grow, and be healthy?-By providing a variety of vegetables, fruits, whole grains, low fat dairy, and lean protein foods, and offering water throughout the day to stay hydrate? Nibbles for Health and Nutrition will cover a variety of important topics for families of preschoolers including: Child Care-What will my child eat? Colorful fruit and vegetables likes/dislikes, their purpose and value and how to encourage consumption, growing strong with milk/varieties/allergies/intolerances, What to bring for healthy celebrations and enjoying lasting memories, choosing healthy meals and portion sizes with MyPlate, Healthy Snacks with Smiles, What this means for different age groups-Portions and Nutritional Value, Tips for a Choosy Eater, Varying Protein Foods, Why Water Consumption as a great choice, How Choosing Whole Grains can make a difference; Educators will be encouraged to participate in an activity by role modeling developmentally appropriate practice and converse with open-ended questions relating to nutrition and meals while pretending to eat with the children at the table. Other group activity will be listing as many open-ended questions that each group can think of to encourage language development as they pretend to taste the food. Let's have some fun as we nibble into health and nutrition! Educators will incorporate the ERS (Environmental Rating Scale), CLASS interactions, NCFELD (Foundations) domains/ subdomains/goals/indicators relating to HPD, LDC as it correlates to this subject. VIRTUAL ONLY	1.5 hr	\$5
Thurs. 10/14/21 10 am-12 pm	Let's DISH! DIRECTORS Implementing Social Emotional Health!	Join us for an information-packed session presented by an Education Specialist with NC's Healthy Social Behaviors Initiative that explores the CSEFEL Pyramid model, stresses the importance of social-emotional well-being and reviews resources for directors to share with teachers and parents about understanding and supporting social-emotional development. This is the key to unlocking your center's plan for positive classroom behaviors, school readiness, content parents and happy teachers. Note: This session is intended for Administrators, Directors and FCCH Owners only. VIRTUAL ONLY	2 hrs	FREE

***Note: Contact person to sign up for classes: The Partnership for Children of Wayne County/Crystal Heath 919-735-3371 ext. 227 or Front Desk at ext. 0**