**Partnership:**

***Remember to include grants/bonuses and Medicaid related strategies in the Program Elements.***

**Activity Name**: The Incredible Years BASIC Preschool/Early Childhood Program

**PBIS ID:** FS 10

**PSC:** 5505

| *If this condition exists* | *For this Population* | *And we implement these strategies* | *This many times, for these individuals* | *We expect this short-term change* | *And we expect this outcome to impact the overall county* |
| --- | --- | --- | --- | --- | --- |
|  |
| Need StatementWhy? | Target PopulationWho? | Program or Activity ElementsWhat? | OutputsHow Many? | OutcomesSo What? | How does outcome impact PBIS or other long term goals?  |
| Research has established the important relationship between early academic learning and social and emotional development. There is a need for parents to learn skills for managing their child’s behavior.* Total \_\_\_#\_\_ of families with children 3-5 in X county during FY \_\_
* \_\_\_#\_\_ and \_\_%\_\_ of children aged 3-5 that received referrals for behavioral issues[[1]](#footnote-1)
* Preschool expulsion rate due to behavioral issues
* Anecdotal information from LICC/Schools/Healthy Social Behaviors Specialists—include quantifiable information if available.
 | Parents or guardians of children aged three to five years of age who report that their child has challenging behaviors[Families involved with social services with a substantiated case are not appropriate for this program] | 1. Contact Prevent Child Abuse (PCA) NC to participate in pre-implementation planning and training with PCA NC Coaching Staff PRIOR to program implementation.[[2]](#footnote-2)
2. Join the PCA Membership Network to access all benefits.
3. Participate in Coaching and Technical Assistance provided by PCA NC office.
4. When pre-implementation phase is complete, move to Implementation Phase.
5. Implement IY BASIC following model fidelity weekly for 16-20 consecutive weeks, which includes Pre/post test meetings.
6. Incentives for participation/retention and other grants [*these elements are not required, but are recommended*; *different incentives may be provided as well.]*
* Child care provided (describe efforts)
* Transportation provided (describe efforts)
* Meals provided
* Upon completion of pre-post surveys parents eligible for $50 cash incentive.
 | Estimated:* \_\_\_#\_\_ parents or guardians enrolled in program by session 1
* \_\_\_#\_\_ of parents or guardians who complete at least 75% of the sessions.
* \_\_\_#\_\_ children aged 3-5 impacted

[recommended group size is 8-12 adults] | 1. \_\_\_#\_\_ and \_\_%\_\_ of caregivers participating in the full IY BASIC Parent Program during the reporting period will report a statistically significant decrease (p<0.10) in their use of negative parenting behaviors as measured by the Harsh Discipline and Inconsistent Discipline subscales of the Parenting Practices Interview (PPI).
2. \_\_\_#\_\_ and \_\_%\_\_ of caregivers participating in the full IY BASIC Parent Program during the reporting period will report a statistically significant increase (p<0.10) in their use of positive parenting behaviors as measured by the Appropriate Discipline, Positive Parenting, and Clear Expectations subscales of the Parenting Practices Interview (PPI).
3. \_\_\_#\_\_ and \_\_%\_\_ of caregivers participating in the full IY BASIC Parent Program during the reporting period will report a statistically significant decrease (p<0.10) in the frequency of challenging behaviors exhibited by their children as measured by the Intensity subscale of the Eyberg Child Behavior Inventory (ECBI).
4. \_\_\_#\_\_ and \_\_%\_\_ of caregivers participating in the full IY BASIC Parent Program during the reporting period will report a statistically significant decrease (p<0.10) in the degree to which the challenging behaviors exhibited by their children are problematic for them as measured by the Problem subscale of the Eyberg Child Behavior Inventory (ECBI).
 | Currently, there is no population-based PBIS measure that has been associated with this type of Family Support program. Nationally, the IY Parent Program has been extensively evaluated using randomized control group studies. This research demonstrates that the Incredible Years Program significantly[[3]](#footnote-3):* Reduces aggressive and disruptive behavior in children
* Reduces conduct problems in children’s interactions with parents
* Increases parents’ positive affective response
* Decreases parents’ use of criticism, harsh discipline, and negative commands
* Increases parents’ use of effective limit-setting and non-violent discipline
* Reduces parental depression and increases parental self-confidence
* Increases positive family communication and problem-solving
* Increases parental involvement with teachers and classrooms
 |

**Additional Information**

**Staffing**

|  |  |  |
| --- | --- | --- |
| **Job Title** | **FTE** | **Minimum Education & Experience Requirements** |
| Group Leader (1) |  | Trained by The Incredible Years national office staff and Bachelor’s degree in a human service related field. Prior parent group facilitation skills highly recommended. |
| Group Leader (2) |  | Trained by The Incredible Years national office staff and Bachelor’s degree in a human service related field. Prior parent group facilitation skills highly recommended. |

**Community Collaboration**

Describe how this activity will fit into the continuum of services available to your selected target population.

1. Data can be obtained from the CCR&R Healthy Social Behaviors Consultant assigned to each county and can be collected from Specialists who may receive requests for services regarding children’s social/emotional development. [↑](#footnote-ref-1)
2. <http://www.preventchildabusenc.org/index.cfm?fuseaction=cms.page&id=1007> [↑](#footnote-ref-2)
3. For more information on the overall program and its goals and outcomes, visit <http://www.preventchildabusenc.org/> or <http://incredibleyears.com/> [↑](#footnote-ref-3)