



# INCREDIBLE YEARS Parenting series



Does your child exhibit

## **CHALLENGING BEHAVIORS?**

A FREE parenting program dedicated to supporting and strengthening families, and preparing them to handle misbehaviors and learn preventive approaches

### 3-5 year old program

- Free child care
- Free meals for the whole family
- Evening classes offered Monday and Tuesday nights
- Gas cards for participation
- Classes last a minimum of 15 weeks

If you are interested and would like to register, contact the Partnership for Children of Wayne County at (919) 735-3371 Ext. 222 Delaine, Ext 238 Nancy (Spanish), or Ext. 237 Angela.

**Spanish Classes will begin August 19, 2019**

**English Classes will begin August 20, 2019**

\* Participants completing the Incredible Years Series will receive a \$50.00 gift!!

Proven Positive Outcomes for Families:

- Reduces aggressive and disruptive behavior
- Increases positive family communication and problem-solving
- Promotes self-control

**Slots are limited. Must call to register.**