



“January and February 2018 TRAINING”



Date/Time	Training Title	Description	Contact Hrs/CEU	Cost
Jan.24, 2018 6:30-8:30 pm	Having Fun with Sensory and Exploration Bottles: Create/Make/Take	Providers will learn what are sensory bottles, how to create/make/explore with materials, the differences of liquid versus dry, sense of touch, sink and float concept, state of matter, motion, absorption, cause and effect, living versus non-living things, observation skills, categorizing and investigating, have an understanding of developmental domains that correlate with discovery centers such as cognitive and approaches to learning (NC FELD strategies/indicators/goals). Instant Activities included with create/make/take it.	2 Contact Hours	\$10
Jan.29, 2018 6:30-8:30 pm	Medication Administration & Diabetes/ Immunizations	Medication Administration, Diabetes, and Immunizations in the child care setting is very important when working with young children. Providers will discuss the purpose of medication administration, steps to properly administer meds and potential issues when administering it. Discuss the impact of diabetes and what we can do about it in the child care setting, discuss the importance of immunizations, appropriate policies and procedures on all three topics. Mykenzie Clifton, Child Care Health Consultant	2 Contact Hours	\$10
Feb. 3, 2018 8 am-4 pm	Health & Safety CLASSES	Class will cover 15 of the mandatory Health & Safety Classes due by June 30, 2018. Class is face to face and not on computer. Limited Seating Available. LUNCH WILL BE INCLUDED!	15 Certificates	\$40
Feb. 5, 2018 6:30-8:30 pm	Obesity Prevention, Health & Nutrition in Early Childhood (NC SHAPE)	Educators will learn, describe, and discuss evidence-based best practices relating to child (all ages) nutrition, physical activity (inside and outside), screen-time limits, breast-feeding and infant feeding as it relates to the prevention of obesity. Educators will receive/review strategies and resources to prevent childhood obesity.	2 Contact Hours	\$10
Feb. 7, 2018 6:30-8:30 pm	IT's SIDS	Mandatory training (within the first 2 months of employment) for “all providers” (including Directors, floaters and subs) licensed to work with infants 0-12 months. Certificate must be renewed every 3 years.	2 Contact Hours	\$10
Feb.12, 2018 6:30-8:30 pm	Toxic Stress: The Impact on Children	Stress is a fact of life, no matter your age. Some stress is good for us – it keeps us attentive, sharp, productive, learning. But Toxic Stress affects brain development and learning in young children, and can have long-lasting effects. This session will help participants define stress responses and understand the difference between “tolerable” and “toxic” stress. We’ll look at the long term effects of Toxic Stress and investigate practices for mitigating those effects and promoting resilience in young children. (2 DCDEE contact hours) Ann Carter, Healthy Social Behavior Specialist	2 Contact Hours	\$10
Feb.13, 2018 8:30 am-until	CPR/First Aid	(CPR) Participants will learn lifesaving breathing techniques. (First Aid) Teaches critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives.	6 Contact Hours	\$75
Feb.14, 2018 6:30-8:30 pm	Safe Havens!	Providers will discuss/learn about tips and strategies on how to build relationships with children, families, and community, how to support children through active listening, helping children through art and play, how to respond to aggression in the classroom, and identify characteristics of a “SAFE HAVEN” classroom, and other resources for schools and community.	2 Contact Hours	\$10
Feb.21, 2018 6:30-8:30 pm	Beyond Cribs and Rattles!	Educators will learn/describe/discuss the set-up of the safe and educational learning environment, lesson planning that will provide intentional experiences for the young children in their care, enhancing language and social skills, symbolic play abilities, and positive approaches to learning experiences. Educators will receive/review activities and resources, strategies for social/emotional development and positive connections, as it relates to NC-FELD (Approaches to Play and Learning, Cognitive Development).	2 Contact Hours	\$10